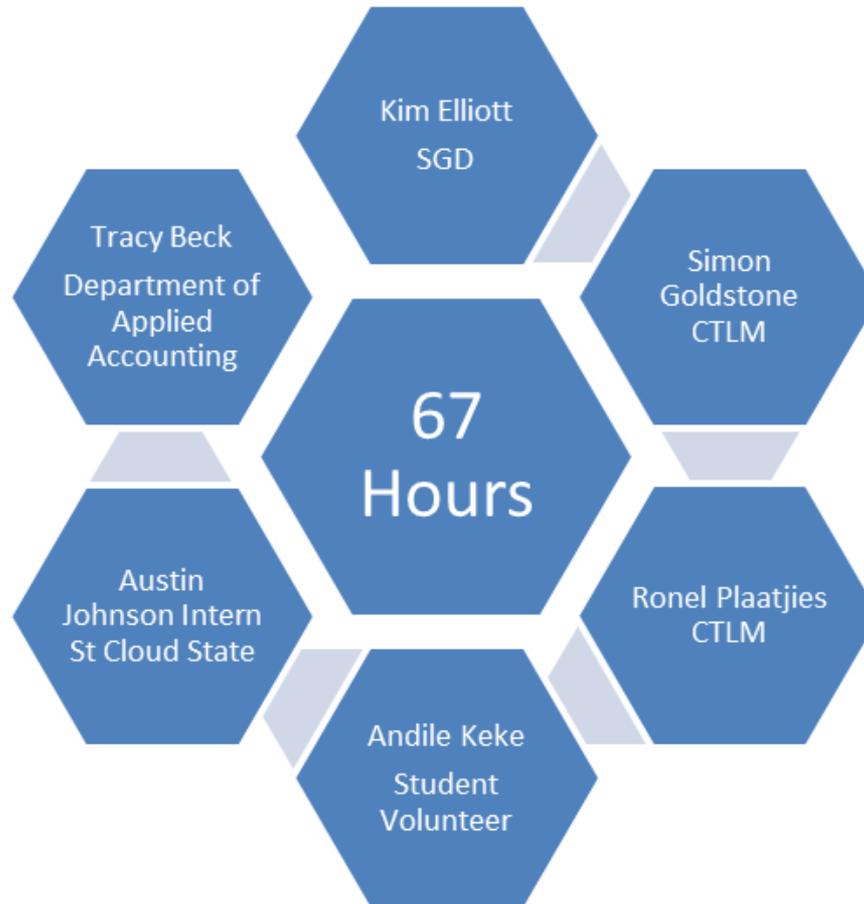


67 Hours Programme

Presented by

K. Elliott, G. Bentil , A. Terblanche

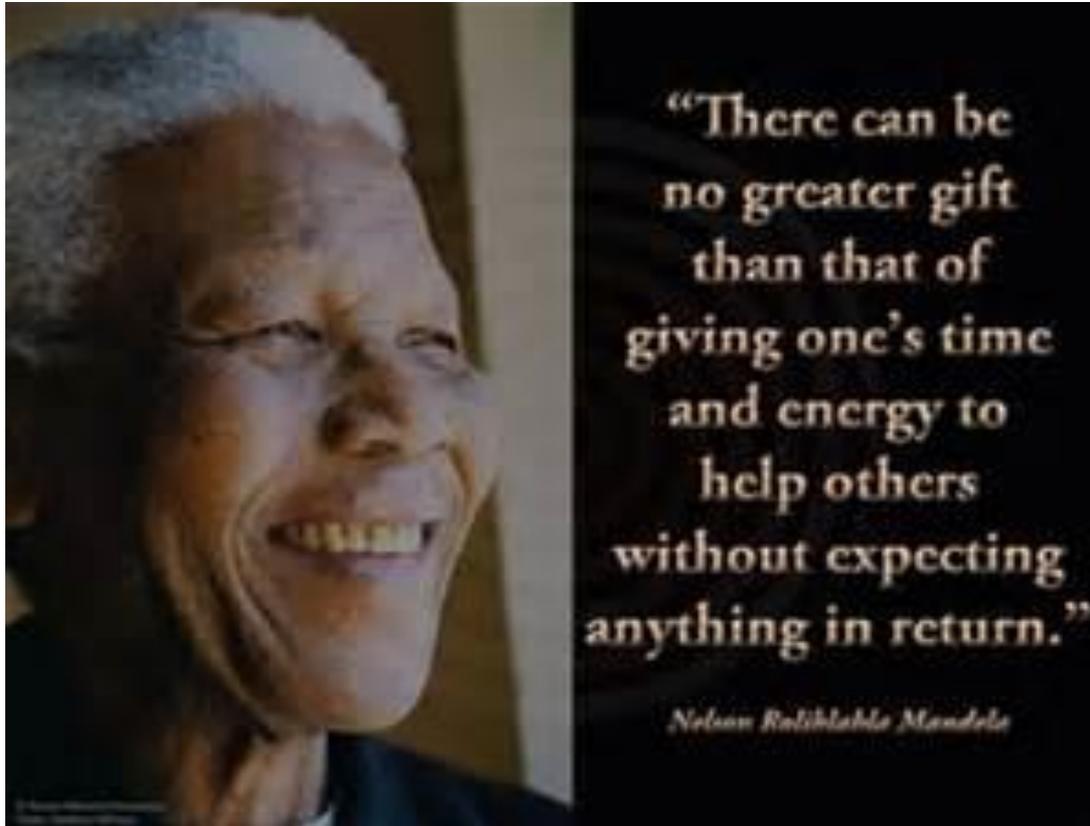




**Engagement Project Excellence Award
and
NMMU Teaching & Learning Excellence Team Award
Community Interaction, Service and Outreach
and Teaching and Learning**

- One of the flagship programmes of Student Governance and Development is the Beyond the Classroom Leadership programme (BtC) which is a self-development leadership programme and includes students being required to do 20 hours of volunteer service.
- One year programme only.
- Students were asking what next?





67 Hours encourages students to complete 67 hours of volunteer service (over two years)

Research indicates that students who participate in volunteer activities have enhanced feelings of self-worth and personal values, an increased engagement in the classroom experience and adhere a greater meaning to their university experience (Astin et al 2000).

- 67 Hours began in 2014 and students were required to submit a hard copy portfolio which contained a log sheet, reflections and signed proof of evidence of (a minimum) of 67 hours completed from the relevant beneficiary/beneficiaries.
- The decision was made to pilot an online system using Moodle for 2015.
- At the end of 2015, based on feedback from students, a number of changes were made to the site in 2016.

67 HOURS



Ubuntu

We are a people-centred university

We respect the dignity of others

We recognise our mutual interdependence

We promote compassionate and responsible citizenship

The purpose of the 67 Hours Program is to encourage students to volunteer their time, talents and skills to assist communities/individuals in need.



News forum

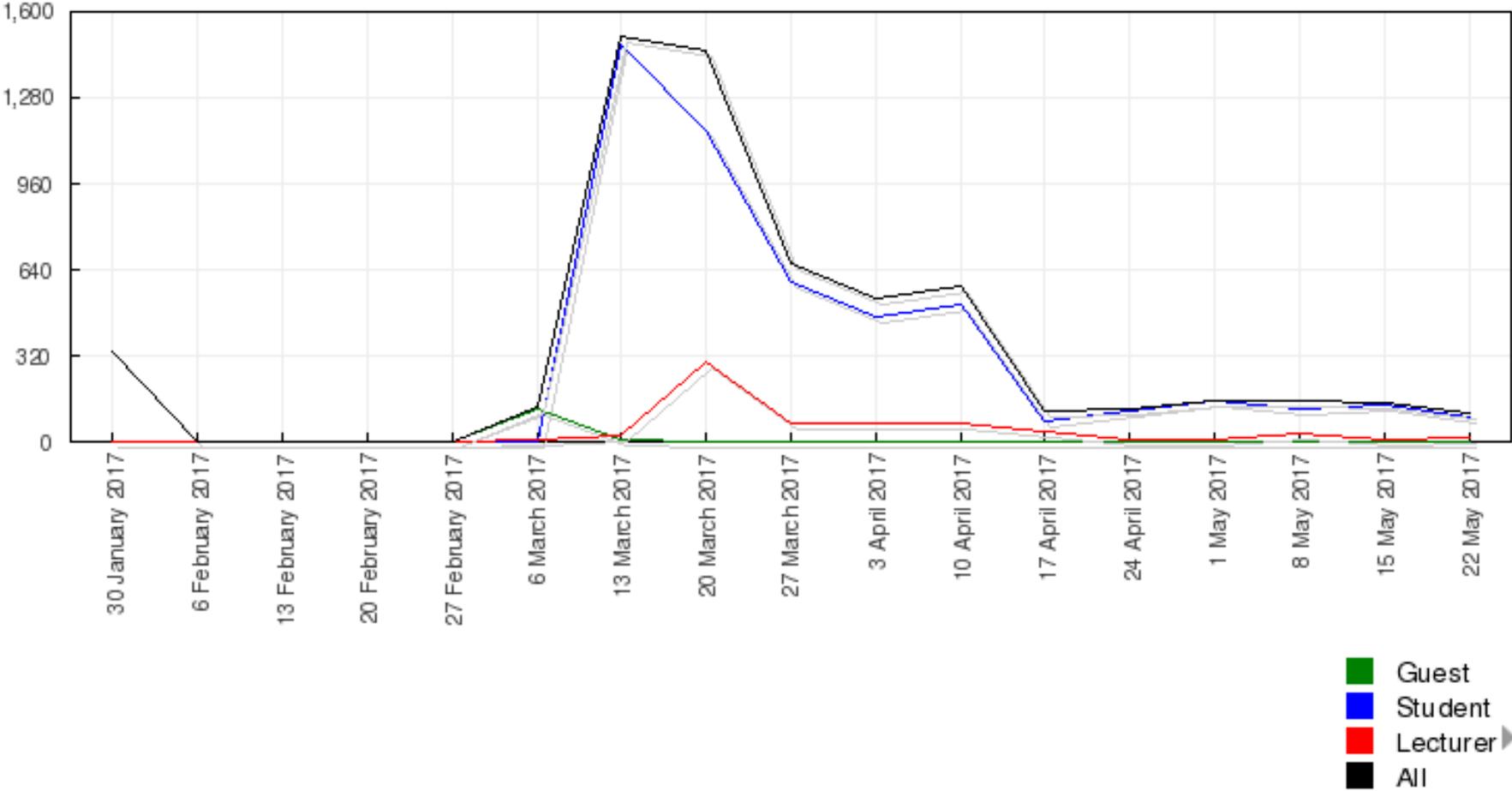


How will 67 Hours work?



What is a volunteer?

2017-67Hours - All activity (all roles)



[Go](#)

67 Hours project 2017 [A Marriott]

Lecturer: Kim-Marie Elliott

Lecturer: Andrew Marriott

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67 Hours project 2017 [T Beck]

Lecturer: Tracy Beck

Lecturer: Kim-Marie Elliott

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Student Governance and Development: 67 Hours project 2017

Lecturer: Kim-Marie Elliott

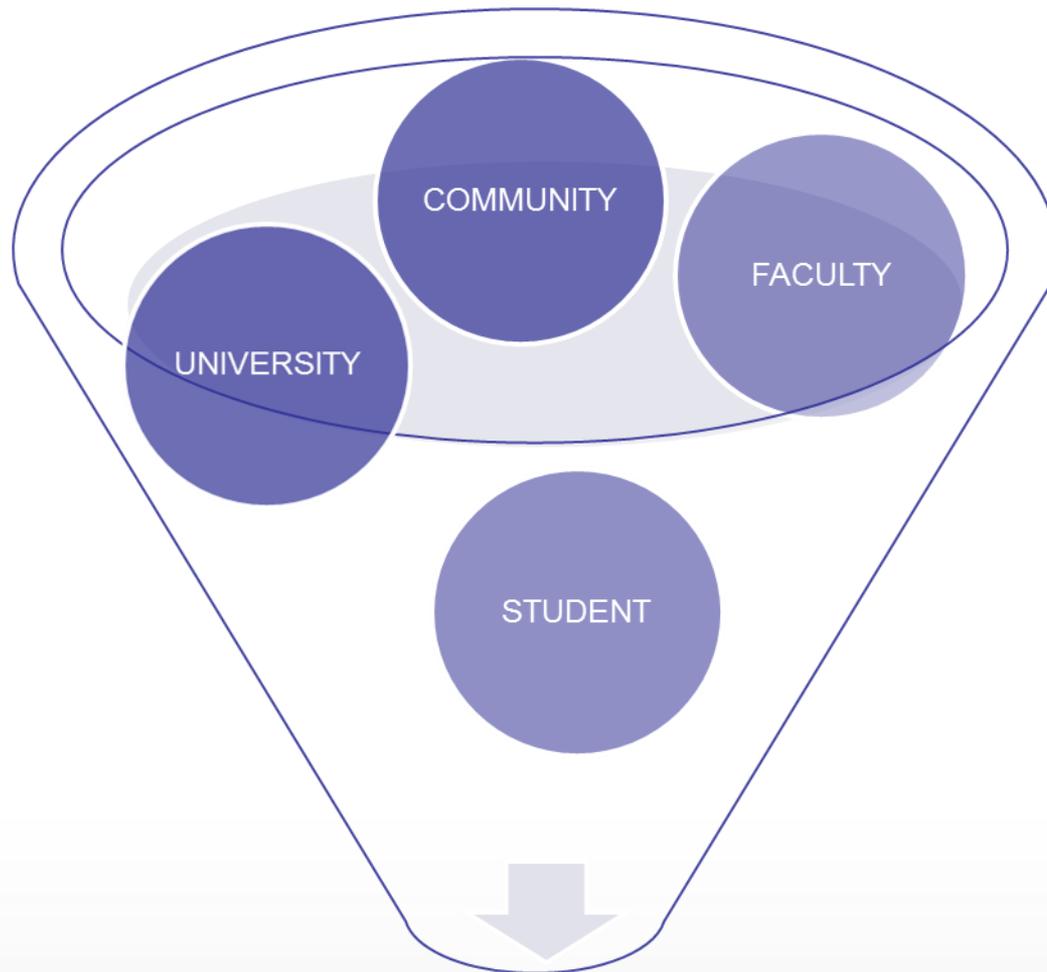
Lecturer: Andrew Marriott

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Working from the principle of the name of the institution "Nelson Mandela" and expanding on 67 minutes held annually across the country, students are encouraged to accomplish 67 hours of volunteer service. Sign up and begin your volunteer journey.



Who are the beneficiaries?



67 HOURS



CHESHIRE HOME SOUTH AFRICA

Khayelitsha Uitenhage High School, Uitenhage.

Newell High School, New Brighton, Port Elizabeth

Fumifikoma Primary, NU9, Motherwell. P.E



School of Accounting

Madibaz Sport

Campus Health Service

Communication & Stakeholder Liaison

Department of Marketing Management

Students source their own sites.

- Would like to have identification as a 67 hours volunteer
- e.g. a t-shirt or a badge they can pin to their blazers in a more formal setting
- A bulletin board on the site where people can post and easily find out about volunteer opportunities.
- Facebook most appropriate



- Student voices are heard and they co-create the programme.



Nelson Mandela Metropolitan University CO-CURRICULAR RECORD

LYNETTE ESTHERLINE WILLIAMS : 9518128

Co-Curricular Involvement

Activity	Position	Purpose And Description	Date	Learning Outcomes
Beyond the Classroom Leadership Programme	Member	BtC Leadership programme is designed to help students understand and develop themselves with a comprehensive focus on leadership. Members are required to be actively engaged in sessions which expose them to new perspectives, foster reflection and encourage action in their daily lives. Time commitment is 6 hours a month.	Mar 2011	Appreciating Diversity
			May 2012	Intellectual Growth Meaningful Interpersonal Relationships
How 2 Buddies	How2Buddy	How2 Buddies are senior students selected to support first-years in their adjustment to university. A How2 Buddy is responsible for facilitating a first-year orientation group within the same department and mentoring them for term 1. The annual time commitment is 96 hours.	Jul 2011	Appreciating Diversity
			Mar 2012	Collaboration Meaningful Interpersonal Relationships
Supplemental Instruction	SI Leader	SI Leaders are senior students who offer module specific academic facilitation to students enrolled in high risk modules. SI sessions are based on peer collaborative facilitation and students are assisted with strategies to solve their own problems. SI Leaders facilitate two sessions per week each. The time commitment is 9 hours per week.	Feb 2012	Effective Communication
			Apr 2012	Independence Professionalism
Residence Mentor Programme	Residence Mentor	A mentor is an academic nurturer who creates learning opportunities for new and first year students in campus approved accommodation enabling healthy academic progression. The mentor delivers a prescribed curriculum tailored for residence life and learning emphasising academic support and facilitation. The annual time commitment is 40 hours	Feb 2012	Effective Communication
			Jun 2012	Meaningful Interpersonal Relationships Professionalism

Awards And Recognition

Merit Awards	2012
Achievers Awards	2012

In witness therof these signatures confirm the authenticity of this record: 2012/06/28

Prof. D.I Swartz

Vice Chancellor

Mr K.G. Matiso

Dean of Students

Prof. C.D. Foxcroft

Dean of Teaching & Learning

Faculty of Business and Economic Sciences Fourth Year (BTech)



Volunteered through the mentorship programme offered on the Second Avenue Campus.

Mentoring as a volunteer service

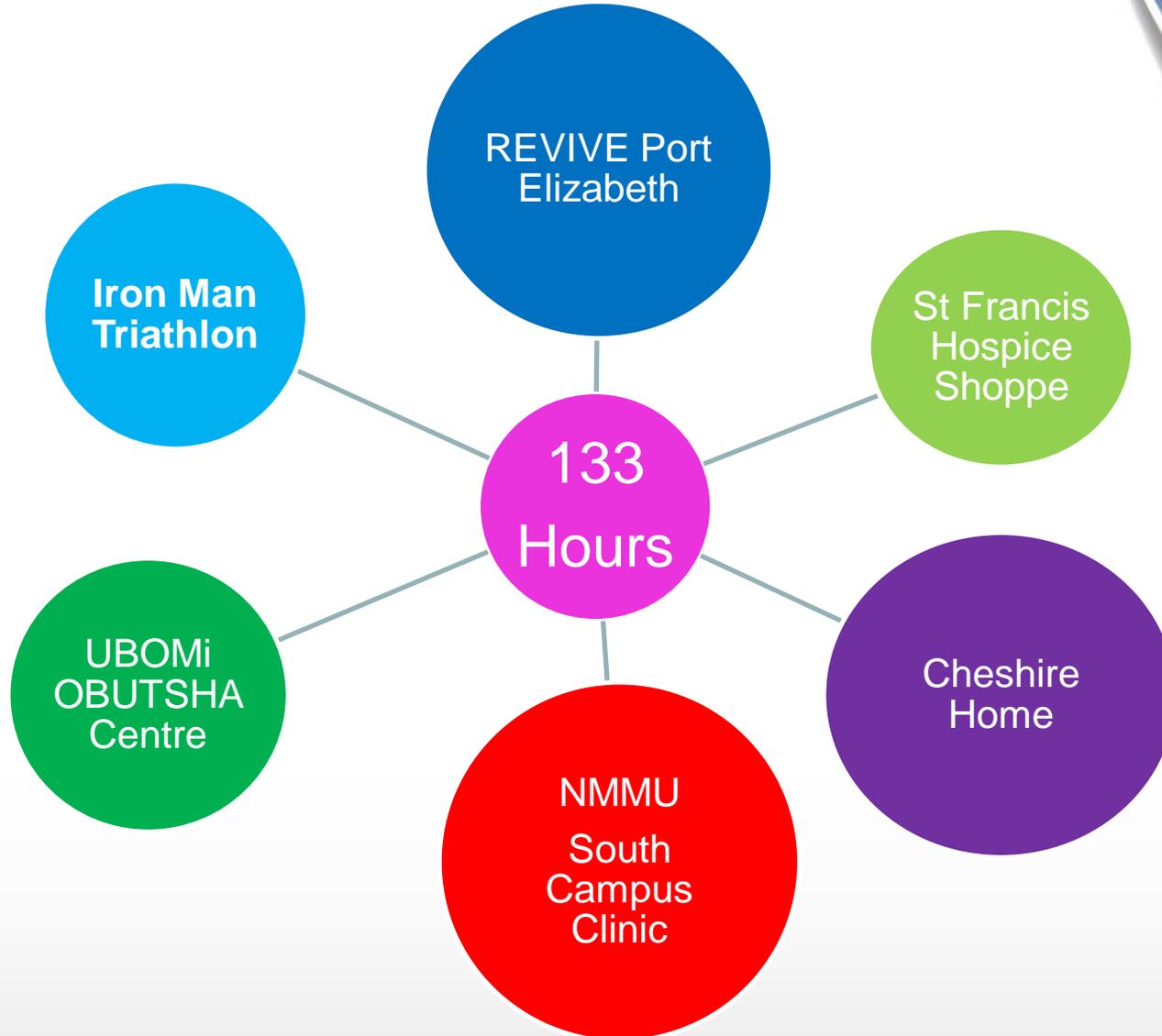
- 35 senior students piloted the mentor programme in 2015.
- 2nd, 3rd and BTech students from the Department of Applied Accounting completed mentor training offered by CTLM.
- Mentors were placed with 1st year students studying Diploma in Accountancy.
- I saw this as an opportunity and a challenge for me to grow as a person.

Benefits of volunteer service

- I have realised how different every individual is.
- Not everyone responds to or processes information the same way.
- Mentoring has kept me focused.
- I have had to learn to prioritize.
- Been exposed to situations where you have to 'think outside the box'.
- Mentoring has built a community, we have learnt more about each other and have grown closer together.

Benefits of volunteer service

- The moodle site useful to keep track of hours completed.
- I like the idea of the milestone badges which are awarded after 30 hours of completed service.
- The moodle site integrates face to face meetings with technology.
- It is a way to gather evidence to show employability.
- It allows you to trace and see growth on a personal basis.
- I appreciate how NMU, emphasises the core values and find it interesting that volunteering touches on all six of our values.



“Compassion without action is just observation”

Intra- and interpersonal skills:

- To be more aware of ***my internal dialogue***,
- To ***challenge myself*** to get out of my comfort zone despite my fears,
- To practise ***active listening***,
- To identify and being more aware of the ***emotions of others***,

- I've become ***more confident*** and I'm better at communicating and interacting with people than I was before I started volunteering.

Creativity in both thoughts and actions:

- To ***find solutions*** for different problems.

Knowledge in my field of study:

- ***practical experience*** on how to facilitate helped me understand the content of my school modules better.

- I have ***more direction*** in terms of who I want to work with and what I want to specialize as in the field of psychology.

Benefits of the 67 hours moodle site:

- It allows me to complete my 67 hours of volunteer work ***in my own time*** over the course of 2 years, which makes it feel less rushed.
- I have ***a record*** of all my volunteer work that I can easily add to my portfolio.

Astin, Alexander W.; Vogelgesang, Lori J.; Ikeda, Elaine K.; and Yee, Jennifer A., "How Service Learning Affects Students" (2000). Higher Education. Paper 144.

